

CSO Examination Content Outline

| 1 | Cancer and Cancer Treatment 26 |
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| Α | Cancer Diagnosis and Staging |
| В | Cancer Treatment Modalities |
| C | Disease-Related Side Effects |
| D | Treatment-Related Side Effects |
| 2 | Nutrition Assessment 42 |
| Α | Screening and Assessment Tools |
| В | Medical and Treatment History |
| C | Anthropometrics, Diet, and Lifestyle History |
| D | Cultural, Psychosocial, and Socioeconomic Factors |
| E | Diagnostic and Laboratory Testing |
| F | Medications and Supplementation |
| G | Nutritional Needs of Patients |
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| 3 | Nutrition Interventions 35 |
| 3 A | Nutrition Interventions 35 Diet Modification |
| | Diet Modification Nutrients and Supplementation |
| Α | Diet Modification Nutrients and Supplementation Nutrition Support |
| A B C D | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions |
| A B C | Diet Modification Nutrients and Supplementation Nutrition Support |
| A B C D | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care Monitoring and Evaluation of Outcomes |
| A B C D | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care |
| A B C D E F | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care Monitoring and Evaluation of Outcomes Education and Counseling 22 Side Effect Management |
| A B C D E F | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care Monitoring and Evaluation of Outcomes Education and Counseling 22 Side Effect Management Food Safety Guidelines and Practices |
| A B C D E F | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care Monitoring and Evaluation of Outcomes Education and Counseling 22 Side Effect Management Food Safety Guidelines and Practices Complementary and Alternative Nutrition Therapies |
| A B C D E F 4 A B | Diet Modification Nutrients and Supplementation Nutrition Support Pharmacological Interventions Referrals and Coordination of Care Monitoring and Evaluation of Outcomes Education and Counseling 22 Side Effect Management Food Safety Guidelines and Practices |





Secondary Classifications-Tasks

- 1. Perform and evaluate results of nutrition screening to prioritize patient care
- 2. Assess patient history, medications, test results, and physical findings
- 3. Determine how specific types of cancer, cancer stages or hematological conditions, and cancer treatment might impact nutrition
- 4. Identify and evaluate signs and symptoms of nutrition-related comorbidities of cancer and hematological conditions
- 5. Identify and evaluate potential effects of treatment
- 6. Review and consider available patient status and tolerance measures (i.e., ECOG, NCI CTC)
- 7. Diagnose nutrition-related problems
- 8. Identify and diagnose malnutrition using evidence-based methods (i.e., nutrition focused physical exam)
- 9. Develop nutrition care goals, plans, and nutrition recommendations
- 10. Provide individualized patient education and counseling
- 11. Implement nutrition-related interventions
- 12. Educate on food safety guidelines and safe food-handling practices
- 13. Identify and evaluate patient response to interventions and modify nutrition care plan as needed
- 14. Identify and evaluate nutrition issues across the cancer care continuum, including prevention, survivorship, and end-of-life care
- 15. Manage and educate on latent effects of cancer treatment that impact nutrition status, growth, and chronic disease
- 16. Coordinate care with interdisciplinary team while advocating for role of oncology dietitian
- 17. Provide group-based education such as classes/lectures, support groups, and community outreach programs
- 18. Coordinate the care, use, and diet modifications for devices(e.g., stents, tubes) and equipment for treatment or palliation
- 19. Provide guidance on benefits and risks of integrative medicine, complementary treatments, and alternative therapies
- 20. Develop measurable outcomes to determine effectiveness of nutrition interventions throughout the continuum of cancer care

